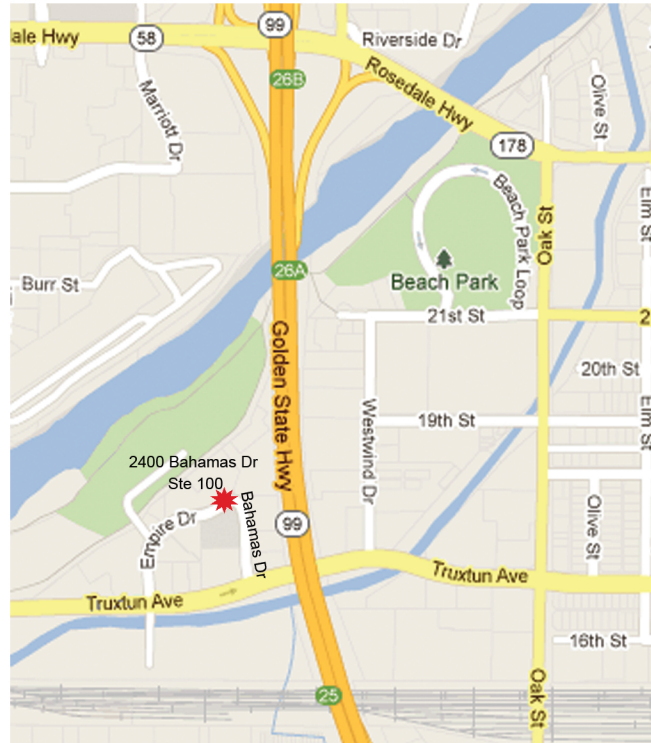


Bahamas Surgery Center
Pre-Operative Instructions
**IMPORTANT PLEASE READ BEFORE
YOUR SURGERY**

1. NO food or drink up to 8 hours prior to arrival.
*Diabetic or overweight patients, add 2 hours to the above times.
2. Do not take Aspirin or Ibuprofen for 10 days prior to your surgery.
3. Remove all jewelry, including body piercings, toe rings and watches, and leave all valuables at home.
4. Inform your anesthesiologist if there is any possibility of pregnancy.
5. Inform your anesthesiologist if you have a family history of anesthetic complications, such as a high temperature.
6. Inform your nurse or anesthesiologist if you are allergic to latex.
7. Bathe or shower the night before or the day of your procedure with antibacterial soap. You may brush your teeth and/or gargle.
8. Wear loose, comfortable clothing and comfortable shoes. Do not wear tight or binding articles. Depending on the type of surgery, you may keep your underpants and socks on.
9. You must have adult supervision at home for 24 hours after your surgery/ procedure.
10. A responsible person must drive you home. We cannot discharge you to public transportation (bus, taxi, etc.) unaccompanied if you have had sedation/anesthesia.
11. If you wear contact lenses, leave them at home and wear your glasses.
12. If you have not received a call from the pre-op nurse the day before your procedure/surgery, please call (661) 328-2333.
13. Bring a current list of your medications, photo ID and insurance card.

*These guidelines are subject to change.
Please review with your pre-op nurse.*

Bahamas SURGERY CENTER



Surgery Date: _____

**Center Staff will
call you with a time**

www.bahamassurgerycenter.com

**2400 Bahamas Drive Ste. 100
Bakersfield, CA 93309**

661-328-2333

Welcome to Bahamas Surgery Center

At Bahamas Surgery Center, we are dedicated to providing the best possible care available for people of all ages and walks of life.

- State-of-the-Art Facility
- Unsurpassed Service
- Soothing Atmosphere
- Superb Patient Care

Thank you for choosing Bahamas Surgery Center "BSC". We know you have a choice in your healthcare. At BSC you are assured of receiving the kind of quality and cost-effective care to which you are accustomed. Assisting your surgeon are Board Certified Anesthesiologists and specialty trained Nurses who are supported by the safest and most modern medical equipment available.

Advantages of Day Surgery Include:

- Expedited registration and discharge process
- Limited paperwork
- No overnight hospital costs
- Complete understanding of costs prior to your procedure
- Billing team on staff for assistance

A Logical Choice for You

A Good Choice for Your Children

At BSC, children will experience less stress because our center offers a warm atmosphere and our staff pays particular attention to their needs. You may stay with your child right up to the time of surgery and rejoin him or her in the post-anesthesia care unit following the procedure.

With all its advantages, outpatient surgery at Bahamas Surgery Center is a practical and convenient alternative to hospital-based surgery, providing the quality care you and your family deserve.



At Bahamas Surgery Center, we offer a full range of outpatient surgical services, including:

- Arthroscopic Surgery
- Foot and Ankle Surgery
- Orthopedic Surgery
- Pain Management
- Plastic and Reconstructive Surgery
- Spine Surgery